



RIVERSIDE CITY COLLEGE



SENIOR CITIZEN EDUCATION (SCE) [LIFELONG LEARNING]

**SIGN UP TODAY FOR FREE CLASSES IN-PERSON &
ZOOM**

Learning is a lifelong pursuit. Riverside City College offers tuition-free courses for adults over the age of 50. These courses teach students how to stay healthy and active, design jewelry, paint, or discuss current topics with old and new friends.

Courses are offered on Zoom, at the Janet Goeske Center (5257 Sierra St. Riverside, CA 92504) and Tyler Springs (10406 Indiana Ave., Riverside, CA 92503)

[August 25, 2025 - December 19, 2025]. Enroll today!

FOR MORE INFORMATION VISIT
[HTTP://EXTENDEDLEARNING.RCCD.EDU/LIFELONG](http://extendedlearning.rccd.edu/lifelong)
OR EMAIL [LIFELONGLEARNING@RCCD.EDU](mailto:lifelonglearning@rccd.edu)

SCE - LIFELONG LEARNING

FALL 2025 SCHEDULE - CLASSES IN ORANGE ARE IN-PERSON

SENIOR FITNESS

Arthritis Foundation

INSTRUCTOR: ROBIN CARTER-ROSENBLOOM

- Monday, Wednesday, & Friday - 9:00AM-9:50AM (SCE-813-47741)

INSTRUCTOR: ROSEANNE DE LEON-CALLJU

- Monday & Wednesday - 9:00AM - 10:15AM (SCE-813-46931)

Chair Zumba

INSTRUCTOR: ROBIN CARTER-ROSENBLOOM

- Monday, Wednesday, & Friday - 10:30AM-11:20PM (SCE-813-47742)

Zumba Gold

INSTRUCTOR: ROBIN CARTER-ROSENBLOOM

- Mondays, Wednesday, & Friday - 11:45AM-12:35PM (SCE-813-47743)

Water Exercise

INSTRUCTOR: ROSEANNE DE LEON-CALLJU

- Monday & Wednesday- 11:15AM-12:30PM (SCE-813-47749) at Janet Goeske Center Pool**
- Tuesday & Thursday- 11:15PM-12:15PM (SCE-813-47748) at Tyler Springs Pool**

INSTRUCTOR: ROBIN CARTER-ROSENBLOOM

- Monday & Wednesday- 2:30PM-3:45PM (SCE-813-47744) at Janet Goeske Center Pool**

Total Senior Fitness

INSTRUCTOR: ROSEANNE DE LEON-CALLJU

- Tuesday & Thursday - 9:00AM-10:15AM (SCE-813-47747)

Pilates for Seniors

INSTRUCTOR: ANGELA MUNOZ

- Wednesday - 10:30AM-11:45PM (SCE-813-47750)

Healthy Aging Through Yoga

INSTRUCTOR: TAMERA GINGERELLA

- Monday - 5:30PM - 6:45PM (SCE-813-47733)
- Saturday - 9:00AM -10:15AM (SCE-813-47734)

INSTRUCTOR: JENNIFER MUMFORD

- Tuesday & Thursday - 8:00AM - 9:15AM (SCE-813-47735)
- Tuesday & Thursday - 9:30AM - 10:45AM (SCE-813-47736)
- Tuesday & Thursday - 11:00AM - 12:15PM (SCE-813-47737)

INSTRUCTOR: LORRAINE ZANK

- Monday & Thursday- 1:15PM -2:40PM (SCE-813-47745) at Janet Goeske Center Gym**

Chair Yoga

INSTRUCTOR: JENNIFER MUMFORD

- Tuesday & Thursday - 1:00PM-2:15PM (SCE-813-47738)

Tai Chi Chuan

INSTRUCTOR: HARVEY KURLAND

- Monday & Wednesday - 1:00PM-2:25PM (**Advanced** SCE-813-47740)
- Tuesday & Thursday - 1:00PM-2:25PM (**Beginner** SCE-813 - 47739)

CONNECT TO YOUR COMMUNITY

Computer Basics- Zoom, Internet Safety, and More!

INSTRUCTOR: GARY ROBERSON

- Saturday - 9:00AM-12:10PM (SCE-809-47728)

Driver Improvement

INSTRUCTOR: JEFF KLUG

- Thursday 11/13 & Friday 11/14 - 8:30AM-12:15PM (SCE-830-49363) at Janet Goeske Center**

ART

Drawing and Painting

INSTRUCTOR: SUBODH MAHESHWARI

- Tuesday - 9:00AM-12:10PM (SCE-811-47729)
- Wednesday - 9:00AM-12:10PM (SCE-811-47730)
- Thursday - 9:00AM-12:10PM (SCE-811-47731)
- Saturday- 9:00AM-12:10PM (SCE-811-47732) at Janet Goeske Center**

Craft Design- Jewelry

INSTRUCTOR: LAURA SOUDER

- Tuesday - 1:00-3:50 PM (SCE-840-47752)

MUSIC

Jazz Ensemble

INSTRUCTOR: CHARLES RICHARD

- TBD (MUS-854-48016) on RCC Campus CSA-164**

INSTRUCTOR: BRIAN McNAIR

- TBD (MUS-854-48017) on RCC Campus CSA-164**

INSTRUCTOR: STEVEN RAGSDALE

- TBD (MUS-854-48018) on RCC Campus CSA-164**

Concert Choir

INSTRUCTOR: JOHN BYUN

- Monday - 7:00PM-9:30PM (MUS-829-49364) on RCC Campus CSA-166**

Concert Band

INSTRUCTOR: MARGARET WORSLEY

- Thursday - 7:00PM-9:30PM (MUS-855-49389) on RCC Campus CSA-164**

Symphony Orchestra

INSTRUCTOR: GENE MOON

- TBD (MUS-868-48019) on RCC Campus CSA-164**